

North Carolina Department of Health and Human Services
Division of Mental Health, Developmental Disabilities and Substance Abuse Services

NC-TOPPS

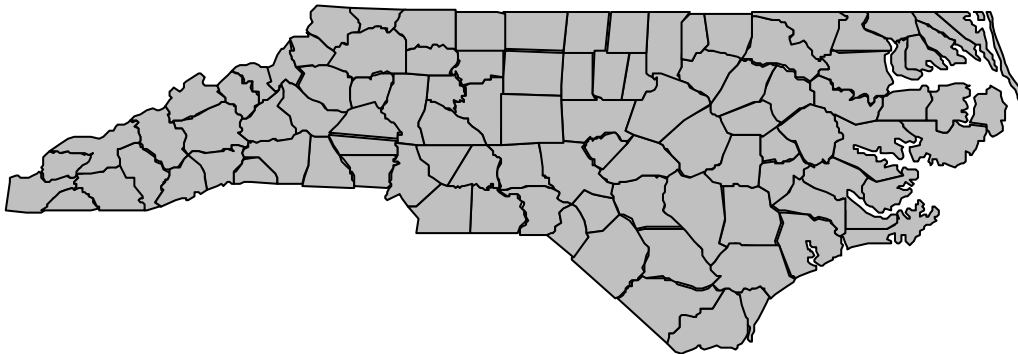
North Carolina Treatment Outcomes and Program Performance System

Adult Substance Abuse Consumers: East Carolina Behavioral Health LME

Initial Assessments

July 1, 2007 through June 30, 2008

This report includes consumers receiving only substance abuse services, and those receiving both substance abuse and mental health services.



Data Collected By:

Center for Urban Affairs and Community Services (CUACS)
NC State University

Report Produced By:

Institute for Community-Based Research
National Development & Research Institutes, Inc. (NDRI)

Prepared For:

Quality Management Team
Community Policy Management Section
DMH/DD/SAS
NC DHHS

July 2008



Introduction to Report

This type of report is available to Local Management Entities, providers and the NC Division of Mental Health, Developmental Disabilities and Substance Abuse Services on data gathered for substance abuse consumers through the North Carolina Treatment Outcomes and Program Performance System (NC-TOPPS). It provides information gathered through the online NC-TOPPS Initial Interview and includes seven pages of charts, tables and text information on consumers' demographic characteristics, substance use, symptoms, behaviors and activities, service needs, supports and barriers, family and housing issues and outcome measures collected through an interview with the consumer at the beginning of their treatment. It should be noted that not every data element or response category on the NC-TOPPS Initial Interview is displayed in this report.

Please note that the charts and tables may not always match online queries that you may conduct. The data used in these reports will not necessarily reflect the same points in time. In addition, NDRI who produces these reports cleans the data and removes apparent duplicates prior to preparing the tables and charts.

Additional information about NC-TOPPS and printable version of the interviews are available at <http://www.ncdhhs.gov/mhddsas/nc-topps/>

General Information on Interpreting Tables

Types of Statistics	<ul style="list-style-type: none">▶ A <u>count</u> shows the actual number (often designated by the letter "n") of clients.▶ A <u>percentage</u> is the number of clients with a characteristic or behavior divided by all the clients in the group of interest multiplied by 100. Percentages will be designated with a % sign next to the number.▶ An <u>average</u> is the sum of a set of numbers divided by the number of numbers in the set. When a number in a cell is an average, the word average will appear in the row descriptor.▶ A <u>median</u> is the middle number in a set of numbers, arranged from lowest to highest. For example, the median for the following numbers: 9, 12, 12, 15, 17, 20, 22, 23, 25, 28, 31, 35, 62 is the bolded number, 22. Medians are important measures of central tendency, especially when a mean may be skewed by a very high or very low value. When a number in a cell is a median, the word median will appear in the row descriptor.
Missing Data	For many of the NC-TOPPS forms received, a particular item or question may have been left blank. In calculating the means, medians, and percentages in cells of questionnaire items, this missing data is excluded from the calculation. For example, program X may have submitted 50 assessments but in 2 of the assessments, gender was left blank. When the percent of males is calculated, the 25 males are shown as 52% ($25/48 \times 100$).
Denominator	The denominator for nearly all percentages is the number of cases shown on the bottom left of the page minus item missing data. All exceptions to this general rule are specifically noted with appropriate text in the graphic or table. This text will state which group is included or excluded from the denominator, such as "of those in the labor force" or "of those with children."
Multiple Response	"Multiple response" indicates a "mark all that apply" type question in which more than one response to a question is allowed. The total of responses may add to greater than 100%. Examples are health insurance or target population. This is in contrast to items such as gender where only a single response is allowed.
Definitions of terms	The Appendix at the end of the report gives definitions of acronyms, abbreviations, and other terms used in this report.
Notes:	Private methadone providers are excluded from the current report.

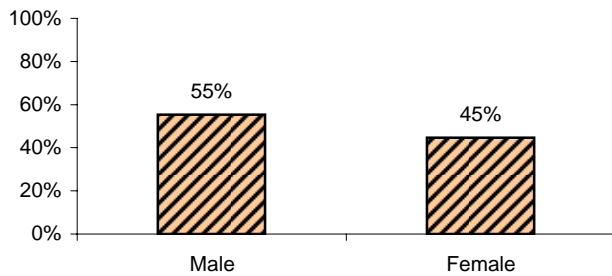


Initial Assessments Received July 1, 2007 through June 30, 2008
Adult Substance Abuse Consumers by Provider
East Carolina Behavioral Health

This table shows the number of consumers in this report by provider.

Provider	City	ProviderID	Number
A Better Child, Inc.	Ayden	2634	1
Alternative Family Services, Inc.	Ahoskie	2694	2
Better Connections	Greenville	1879	2
Bridging The Gap, LLC	Winterville	2531	1
Britesmilz	Roanoke Rapids	2305	9
Cambridge Behavioral Health Services	Greenville	1637	1
Carter Behavior Health Services	Greenville	2312	1
Coastal Therapeutic Services	Washington	2459	3
Corine's Care Management, Inc.	Snow Hill	1732	1
Dixon Social Interactive Services	Winterville	1297	5
Down Home Interventin Services, Inc	Williamston	2632	1
Dream PCS	Washington	2367	12
Eastern Carolina Case Management, LLC	Greenville	1764	18
Enriched Living, Inc.	Greenville	1943	1
Faith Works Community Services, Inc.	Williamston	2589	3
Health Services Personnel	Jackson	2282	2
Healthplus Therapeutic Services	Washington	2391	1
Integrated Family Services	Ahoskie	2364	1
Le'Chris Health Systems	Greenville	1682	5
Le'Chris Health Systems	New Bern	772	4
Lewe, Inc.	Greenville	1898	6
Metropolitan Counseling Services	Murfreesboro	2470	1
Middle Track United Family Services	Windsor	2220	1
New Life Community Supports, Inc.	Ahoskie	2273	5
PORT Human Services	Ahoskie	2536	55
PORT Human Services	Greenville	1695	41
PORT Human Services	Greenville	1863	57
PORT Human Services	Greenville	2482	206
PORT Human Services	New Bern	1093	110
PORT Human Services	New Bern	1225	17
Paradigm, Inc.	Greenville	1738	1
Personalized Therapy, Inc.	Greenville	2274	1
Psychotherapeutic Services - Pitt County ACTT Team	Greenville	1808	1
Pungo District Hospital	Belhaven	2389	3
RHA/Crystal Coast Therapy Services	New Bern	312	9
ReStart, Inc.	Greenville	1626	9
Riverside Community Supports, Inc.	Ahoskie	2514	2
Roanoke Valley Special Services	Garysburg	2214	2
Robeson Health Care/The Village CASAWORKS	Winterville	1536	23
S and M Group Services	Greenville	1774	1
Shadows Community Support Center	Robersonville	2825	2
WE Family Home Care, Inc.	Murfreesboro	2384	1
Wrights Alternative	Greenville	2386	3
Total			631

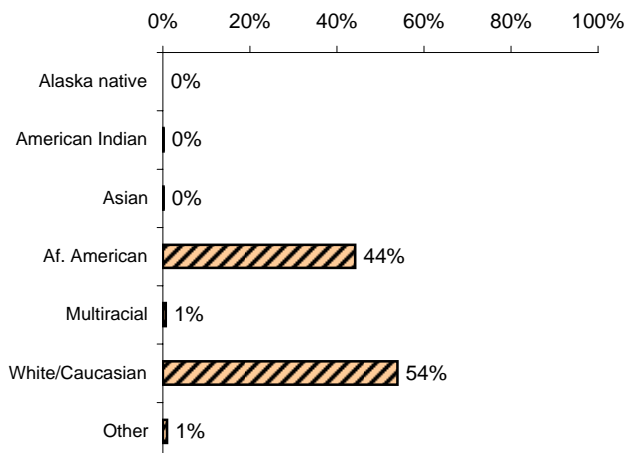
1-1: Gender



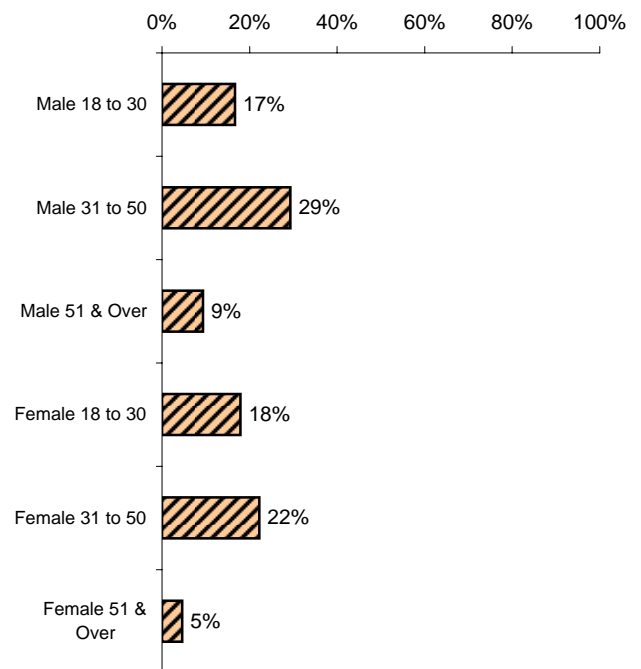
1-2: Hispanic Origin

Of the East Carolina consumers, 1% indicate that they are of Hispanic, Latino, or Spanish origin.

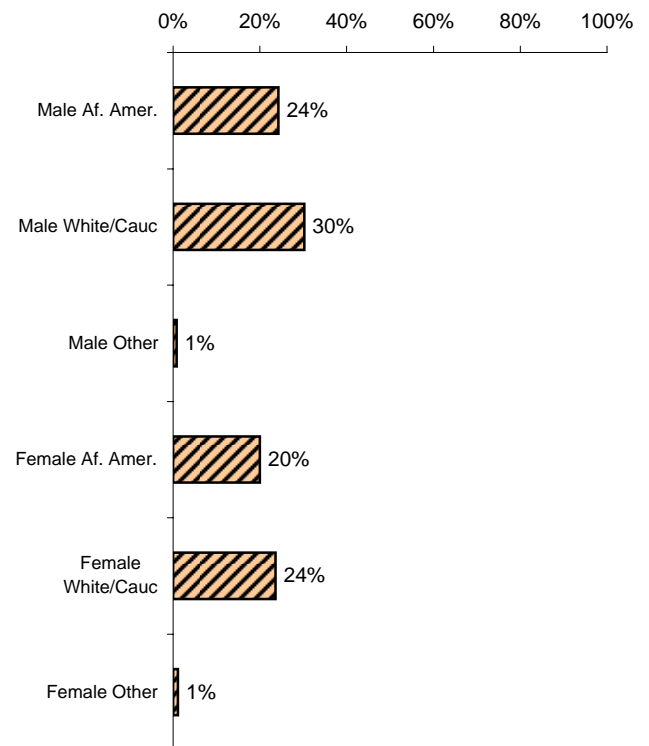
1-3: Race/Ethnicity



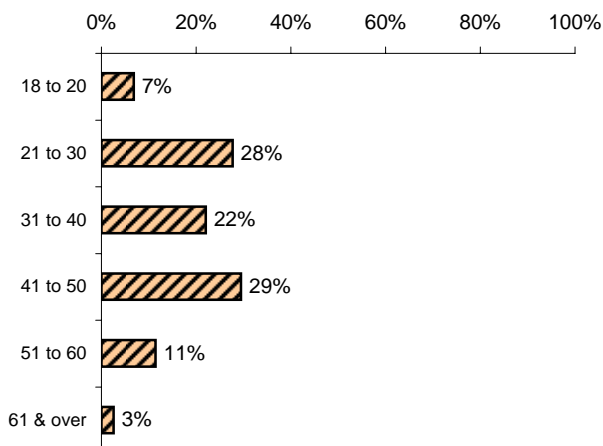
1-5: Gender and Age



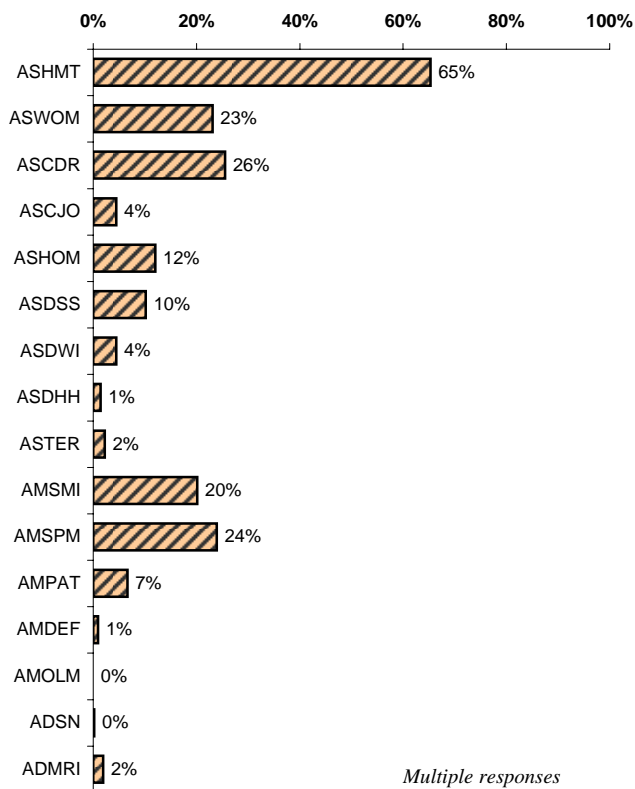
1-6: Gender and Race/Ethnicity



1-4: Age Group

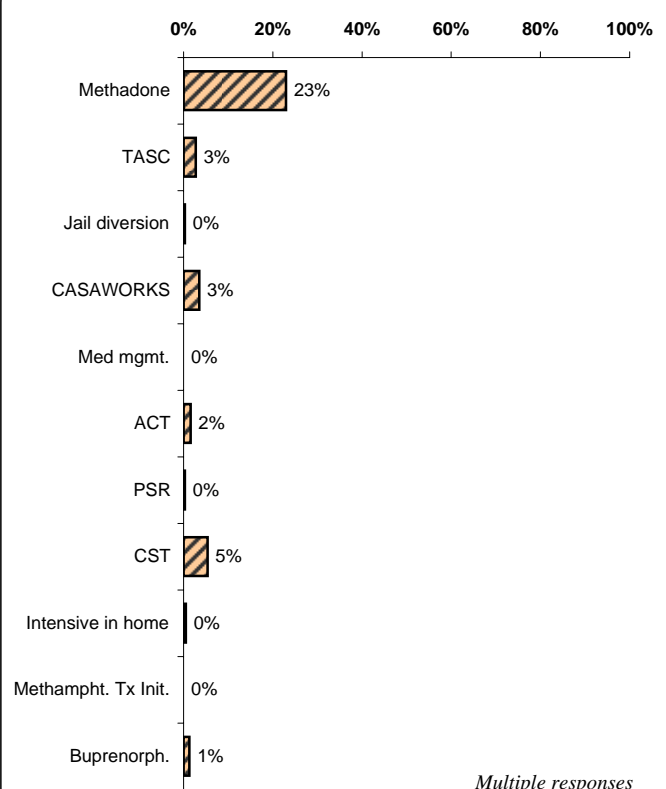


2-1: IPRS Target Populations



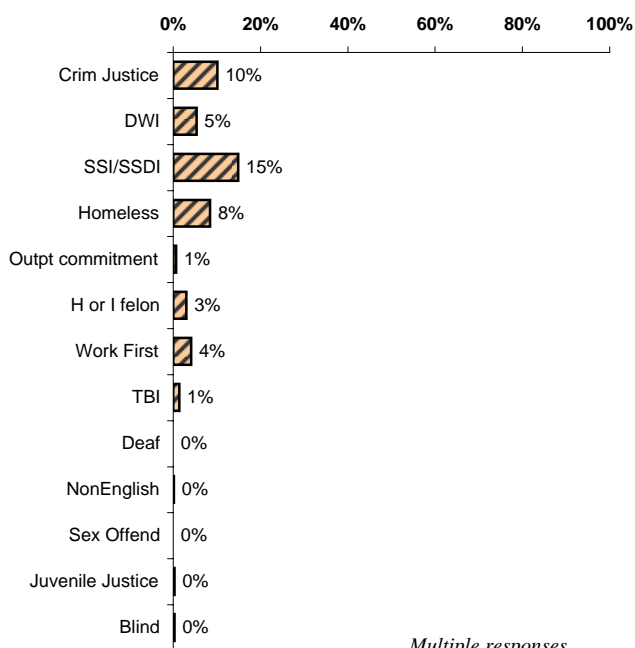
Multiple responses

2-3: Special Programs



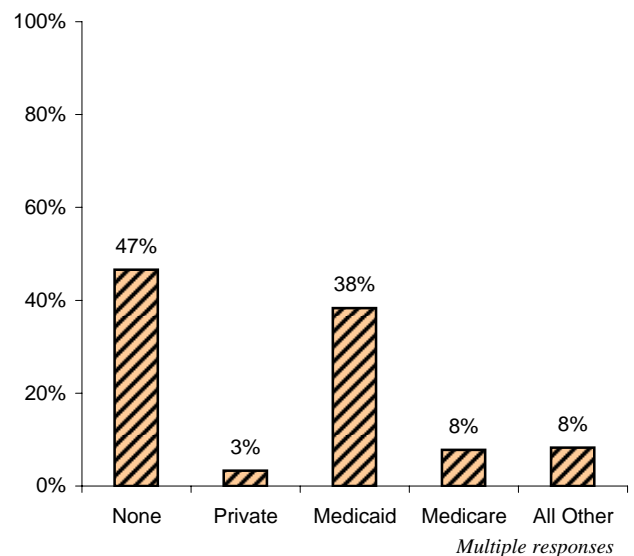
Multiple responses

2-2: Special Populations



Multiple responses

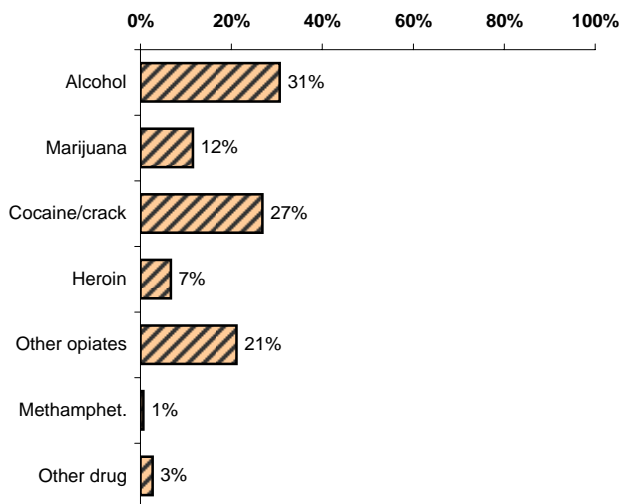
2-4: Health Insurance



Multiple responses

Note: See appendix for definitions of acronyms used on this page.

3-1: Primary Substance Problem



3-3: Cigarette Smoking

Overall, 69% of East Carolina consumers report that they smoked cigarettes in the past month and 43% smoked a pack a day or more.

3-4: Injection Drug Use

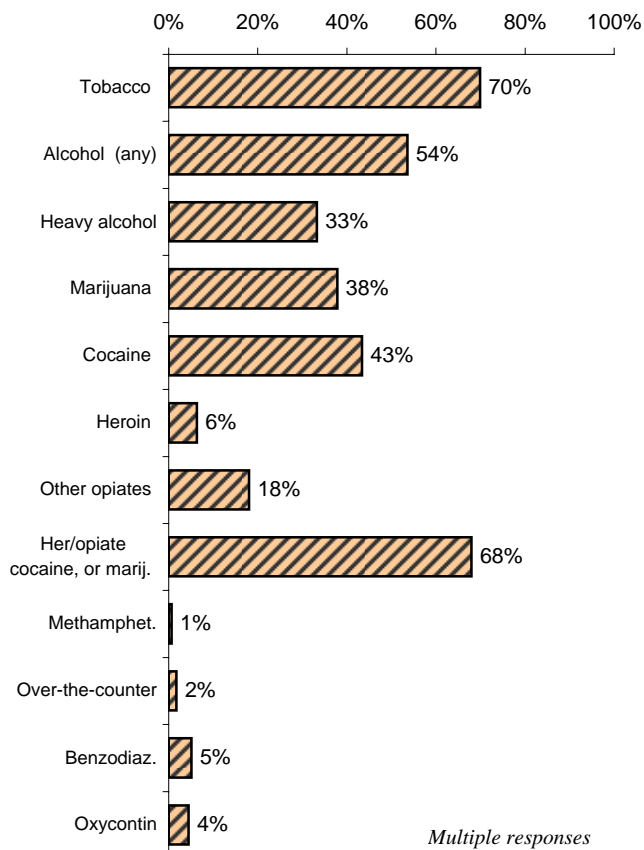
15% of East Carolina consumers report that they have ever injected drugs for a nonmedical reason.

3-5: 90-Day Abstinence from Alcohol and Drugs

East Carolina consumers were asked how long they have been abstinent at this time. 30% reported abstinence for at least the past 90 days.

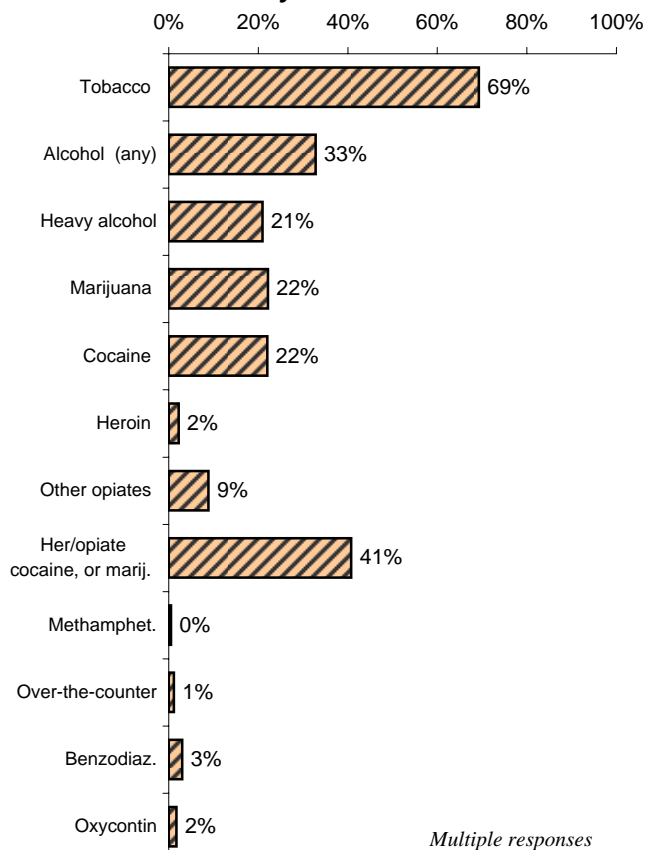
3-2: Self-Report Substance Use, Past 12 Months

Bars show % who use more than once a month

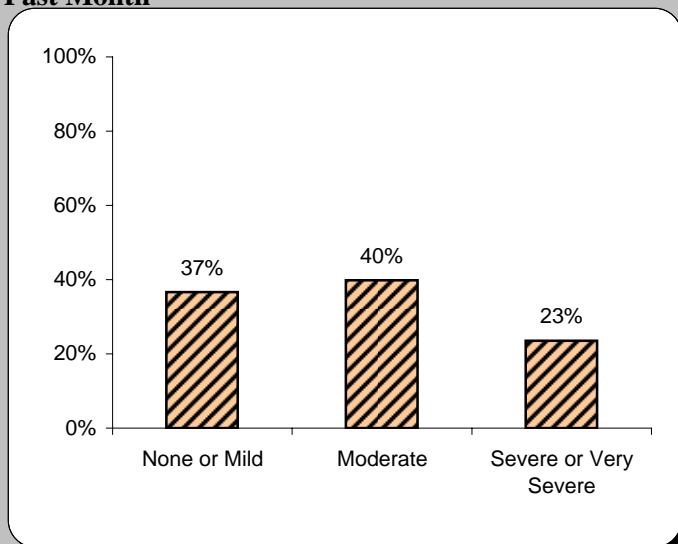


3-6: Self-Report Substance Use, Past Month

Bars show % with any use



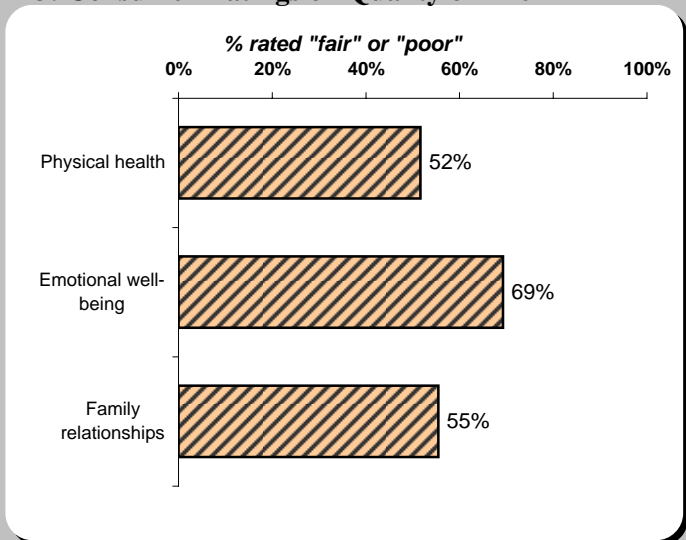
4-1: Severity of Mental Health Symptoms, Past Month



4-2: General Assessment of Functioning (GAF)

GAF scores were reported for 99% of East Carolina consumers. The average score was 47.5 and the median score was 49.

4-3: Consumer Ratings on Quality of Life



4-4: Experienced Violence

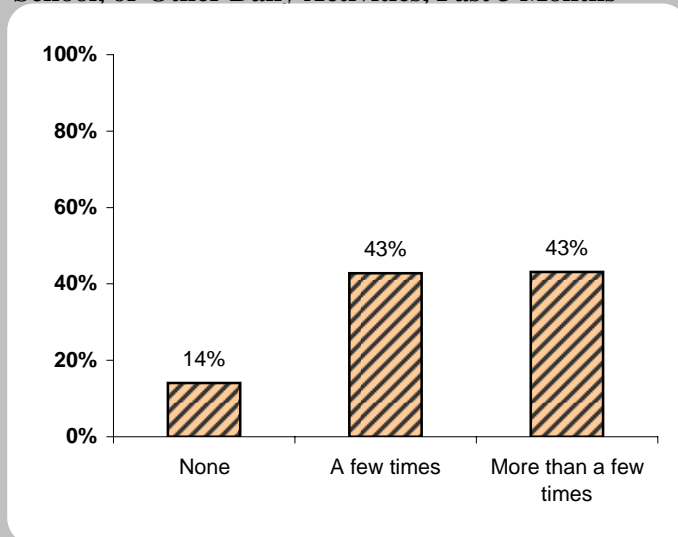
	%
Physical violence, past 3 months	9%
Sexual violence, ever	19%
Sexual violence, past 3 months	2%

4-5: DSM-IV Diagnoses

Diagnostic Category	%
Drug Dependence	67%
Alcohol Dependence	33%
Drug Abuse	19%
Alcohol Abuse	10%
Major Depression	28%
Bipolar disorder	11%
Schizophrenia	7%
Anxiety disorder	6%
Personality disorder	3%
PTSD	5%

Only most common diagnoses shown. Multiple response

4-6: How Often Problems Interfere with Work, School, or Other Daily Activities, Past 3 Months



4-7: Lifetime Suicide Attempts

25% of East Carolina consumers have attempted suicide at least once during their lifetime.

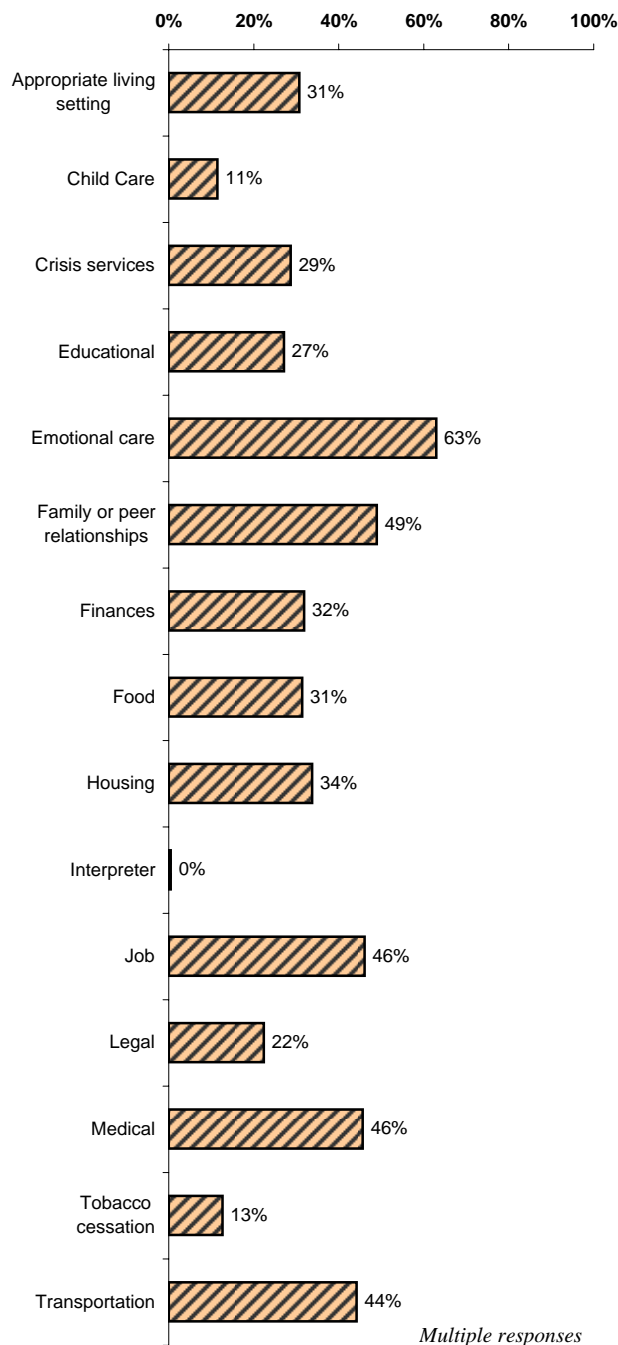
4-8: Behavior Problems and Symptoms Expressed, Past 3 Months

	%
Suicidal thoughts	25%
Tried to hurt or cause self pain	7%
Risky sexual activity	6%
Hit/physically hurt another person	9%

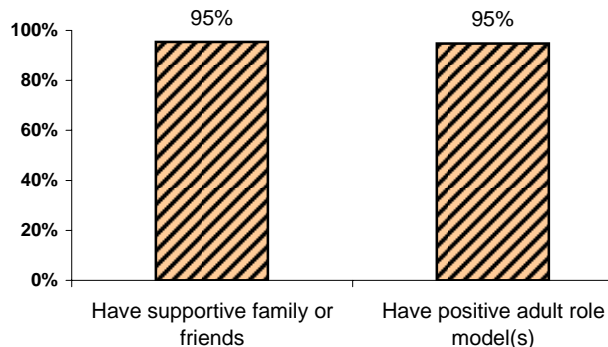
5-1: Public or Private Health Care Provider

Among East Carolina consumers, 47% report that they have a health care provider and 41% have seen their provider within the past year.

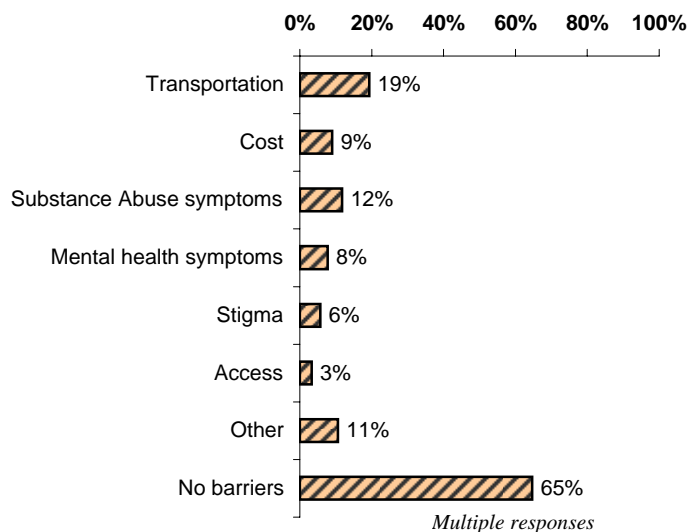
5-2: Service Needs Rated "Very Important"



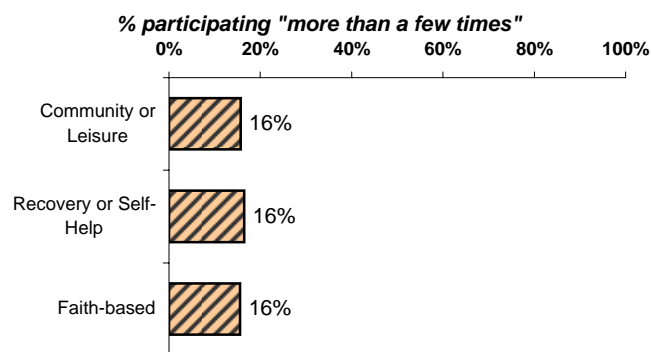
5-3: Support for Recovery



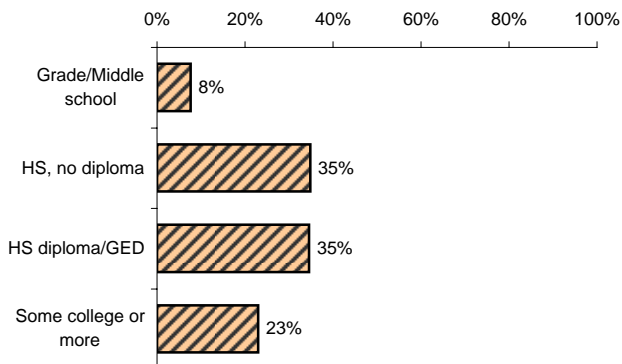
5-4: Barriers to Treatment



5-5: Consumer Participation in Positive Activities, Past 3 Months



6-1: Highest Educational Achievement



6-2: Marital Status

Never married	47%
Married or living as married	22%
Divorced/Widowed/Separated	31%

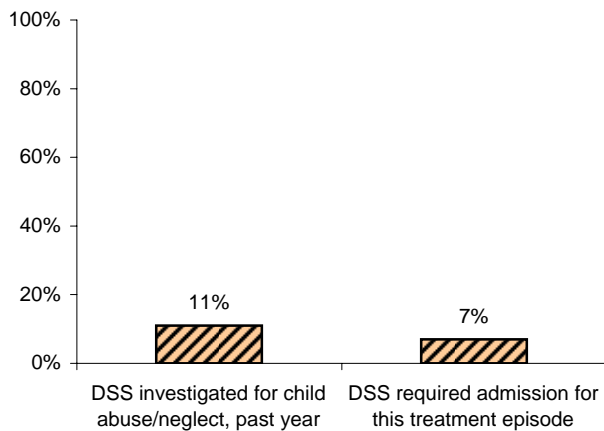
6-3: Children Under 18

46% of East Carolina consumers have children under age 18.

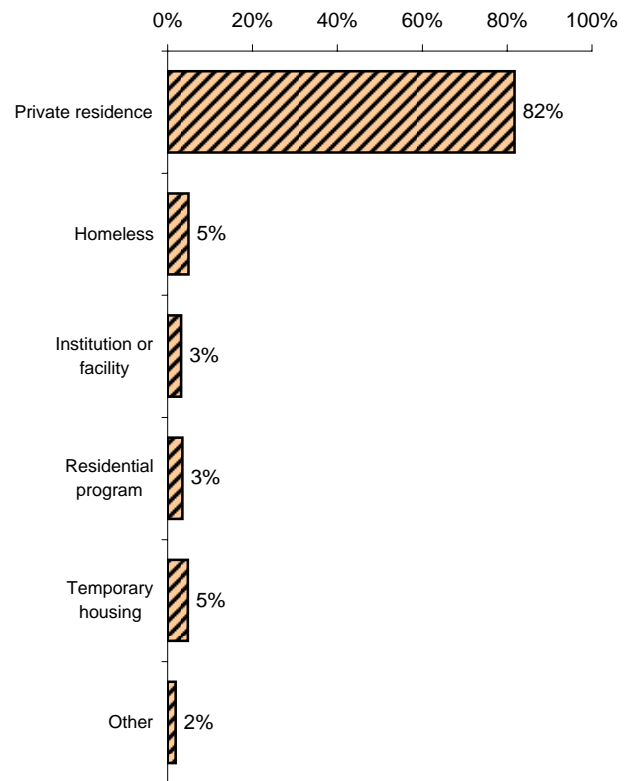
Of those with children...

Have custody of all children	55%
Have custody of some children	9%
Have custody of none of children	36%

6-4: DSS Involvement



6-5: Where Lived



Note: Of East Carolina homeless consumers, 16 were in shelters and 14 were not in shelters.

6-6: Times Moved Residences in the Past Year

No moves	47%
Moved once	30%
Moved two or more times	23%

6-7: Pregnancy Status

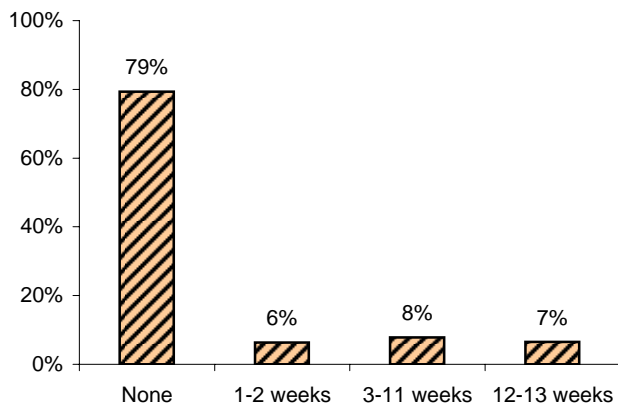
Number currently pregnant	24
Number uncertain about pregnancy status	3
Number in first trimester	5
Number in second trimester	9
Number in third trimester	8

Note: Numbers may not add, due to missing data.

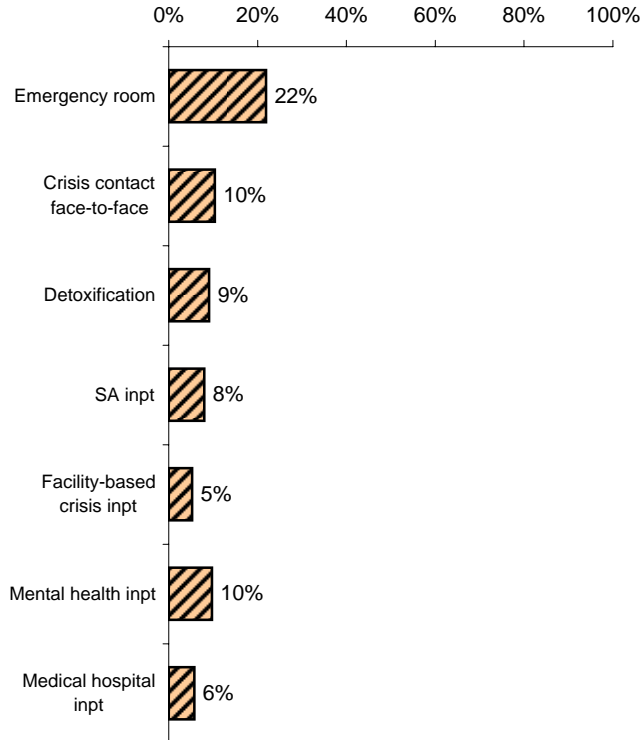
7-1: Outpatient Substance Abuse Treatment

42% of East Carolina consumers have had outpatient substance abuse treatment during their lifetime.

7-2: Weeks of Outpatient SA Treatment in Past 3 Months (excluding detoxification treatment)



7-3: Health Care: Types of Services Received in the Past 3 Months



7-4: Employment, Past 3 Months

66% of East Carolina consumers are in the labor force meaning that they are working, or unemployed and looking for work.

Of those in the labor force...

Employed full-time	32%
Employed part-time	13%
Unemployed (seeking work)	55%

Of those working...

Supported employment	4%
Transitional employment	2%

7-5: Arrest History

Any Arrests

Ever	61%
Past month	6%

Misdemeanor Arrests

Ever	51%
Past month	4%

Felony Arrests

Ever	30%
Past month	1%

7-6: Justice System Involvement

20% of East Carolina consumers were under correctional supervision at admission. The court or criminal justice system required treatment for 11% of all East Carolina consumers.

Acronym or Term	Definition
ACT	Assertive Community Treatment
ADMRI	Target population: Adult with both mental retardation and mental illness
ADSN	Target population: Adult with Developmental Disability
Af American	African American
AMOLM	Target population: Adult consumer receiving Olmstead services
AMPAT	Target population: Adult MH consumer who is homeless (PATH program).
AMSMI	Target population: Adult with serious mental illness
AMSPM	Target population: Adult with serious and persistent mental illness
AOD	Alcohol or other drugs
ASCDR	Target population: Adult SA injection drug user at risk for communicable disease
ASCJO	Target population: Adult SA who is a criminal justice offender
ASDHH	Target population: Adult SA consumer who is deaf or hard of hearing
ASDSS	Target population: Adult SA consumer who is involved with DSS
ASTER	Target population: Adult with a chronic substance abuse disorder
ASHOM	Target population: Adult SA consumer who is homeless
ASWOM	Target population: Adult SA consumer who is pregnant or has dependent children
Benzodiaz.	Benzodiazepine(s)
Buprenorph.	Buprenorphine
CASAWORKS	Residential program initiative designed to help substance abusing women
Cauc.	Caucasian
Crim. Justice or CJ	Criminal Justice
CJ	Criminal Justice
CST	Community support team
Detox	detoxification
DSM	Diagnostic and Statistical Manual (Edition IV)
DSS	Division of Social Services
DWI	Driving while Impaired
GED	General Education Diploma (High School Equivalency)
H or I felon	Class H or I felon (controlled substance) who applied for food stamps
Her	Heroin
HS	High School
IDU	Injection drug use(r)
Marij.	Marijuana
Med. Mgmt.	Psychiatric medication management services
Methamphet.	Methamphetamine(s)
Methamphet. Tx. Initiat.	Methamphetamine Treatment Initiative
MH	Mental Health
Outpt. Commitment	Outpatient Commitment
PSR	Psychosocial rehabilitation
PTSD	Post-traumatic Stress disorder
SA	Substance Abuse or Substance Abuser
SSI/SSDI	Supplemental Security Income or Social Security Disability Insurance
TASC	Treatment Accountability for Safer Communities
TBI	Traumatic brain injury
Work First	DSS program for temporary assistance to needy families